

The Turpentine/CO Protocol

Use Turpentine and Castor Oil mixed together

Age Range	Castor Oil	Turpentine
1 - 5 years	up to 3 tspns	1/4 tspn to 1/2 tspn
5 - 12 years	4 to 5 tspns	> 1/2 tspn
16 years and above	up to 3 tablespoons	1 tspn or more

Normally supplemented once a week or two or three times a week as required

Can be taken with or without food

Work up to the full dosage slowly

Chlorella(or Kelp or Spirulina) should also be supplemented 1 hour after taking this protocol to help remove and mop up the heavy metals and poisons that will be released into the intestines from destroyed biofilms when you take this protocol.

Purpose: This protocol's main activity is to cleanse and disinfect the intestines only.

Activity: antifungal -- antibacterial -- anti-viral -- anti-parasitic(large and small parasites) -- laxative -- energizing, calming -- It's anti-pathogen and laxative effects are used to rapidly clear out bad pathogens and poisons from the gut and is also used at lower dosage for intestinal health maintenance -- Does not kill good gut microbiota.

Comment: If there is little or no Herx reaction to the turpentine/CO protocol then you should perhaps increase the dosages. If you have severe die-off and detox issues when you first start this protocol then you should reduce dosages of turpentine and castor oil accordingly. In other words, regarding dosages and frequencies, you will have to find a happy balance between the protocol's Herx or die-off and detox effects and the successful and rapid elimination of candida, parasites and biofilms from your own body.

If you decide to use this protocol on an every day basis, then you should take it consecutively for no more than 5 days without having a few days rest from the protocol. Taking this protocol every day without a break might be too taxing with all the Herx and detox side-effects. A better way would perhaps be to take this protocol every other day. Then at least you will have a much needed regular break from the protocol and it wouldn't be so taxing for your liver.

Maintenance Adult Dose: 1 tspn Gum Turpentine, 1 tablespoon Castor Oil. Can be taken once a week or once every other day.

Stronger Acting Adult Laxative Dose: At full laxative strength -- 1 tspn Gum Turpentine, 3 to 4 tablespoons Castor Oil. Take this once a week only.

Source and availability: Use any form of pure gum spirit turpentine that has a distillation boiling point of between 150 – 200 Degrees C. You can also use the organic [Diamond G Forest Turpentine](#) that is made in America. Use cold pressed organic castor oil.

Caveats & Warnings: If you are going to use the turpentine/CO protocol over a longer period of time then be sure to hydrate your body properly with water and ensure that you take a good mineral supplement every day as well.

References:

[Kerosene – A Universal Healer](#)

[The Candida Cleanser](#)

Disclaimer

The information provided in this document should not be used for diagnosing or treating a health problem or disease. It is not a substitute for professional care. If you have or suspect you may have a health problem, you should consult your health care provider.