

U.S. fluid measurements



weight  
H2O

	drops	tsp	tbs	cc	mL	gram	oz	cup	pint	quart	Liter	gallon
	20			1	1	1						
	40			2	2	2						
1 00-capsule	50	1/2		2.5	2.5	2.5						
	60			3	3	3						
	80			4	4	4						
	100	1	1/3	5	5	5						
				7	7	7	1/4					
		3	1	15	15	15	1/2					
		6	2	30	30	30	1	1/8				
				60	60	60	2	1/4				
<b>H2O volume</b>				100	100	100	3.4					
1 dose / hour			8	120	120	120	4	1/2				
				200	200	200	7	0.85				
			16	236	236	236	8	1.0	1/2	1/4	0.23	1/16
			17	250	250	250	8.5	1.1				
				473	473	473	16	2.0	1.0	1/2	0.47	1/8
			34	500	500	500	17	2.1				
				710	710	710	24	3.0	1.5	3/4		
				946	946	946	32	4.0	2.0	1	0.95	1/4
			68	1000	1000	1000	34	4.2	2.1	1.05	1.00	0.26
					1893	1893	64	8.0	4.0	2	1.89	1/2
					3785	3785	128	16.0	8.0	4	3.78	1.0

MMS 1 activated drop of MMS1 (add + 1/2 cup water / dose)

≈ ≈ ≈ more or less equivalent to

CDS 1-2 ml of CDS 3000 ppm concentrate (add + 4 oz water / dose)

